

The ABC of the Seilpark Arosa

1. Necessary Basic requirements



Do not wear loose clothing

No loose hair

Maximum weight 120kg

2. Solid, sturdy shoes with high-grip soles are mandatory



3. Size and age must be appropriate!

| | | |
|-----------------|---|---------------------------|
| Course | B | 9 Years / at least 150 cm |
| Course | C | 9 Years / at least 160 cm |
| Course | D | 9 Years / at least 160 cm |
| Junior Course | J | 9 Years / at least 140 cm |
| Children Course | K | 4 Years / at least 100 cm |
| Children Course | L | 6 Years / at least 120 cm |

4. At least two people are required to enter the rope park (buddy concept)
5. Children below the age of 12 must be accompanied by an adult
6. Everyone must listen to the instructions and complete the practice course
7. Be secured at all times (at least one snap hook must be fastened)!!
8. Max. 3 people/children per platform, max. 10 people on the big starting platform
9. Max. 1 person per connecting bridge
10. Predetermined direction: the course is laid out in „one-direction“
11. Equipment may not be handed to someone else
12. The maximum duration of use is 2h and 1h for the children's course.
13. The equipment must be returned during potential picnic breaks.
14. If problems occur always advise the staff via screaming
15. Visitors use the rope ark at their own risk. Insurance is the visitor's responsibility.

Rope Park Rules **Course A-D & J (9-99 years)**

1.1. Paths

In order to protect the forest and the environment, visitors are asked to only walk on prepared wood-chip paths.

1.2. Age Restrictions and Body Height

Visitors of the following age groups are allowed to pass the corresponding courses:

| | | |
|------------|------------|---------------------------|
| Age 09-99: | Course J | Minimum Body Height 140cm |
| Age 09-99: | Course A+B | Minimum Body Height 150cm |
| Age 09-99: | Course C+D | Minimum Body Height 160cm |

1.3. Test and Practice Course

Before entering the course, every visitor (adult and children) **must have passed the training course error-free** and completed the instruction session at least once per season.

1.4. Supervisor / Custodian

Children under the age of 12 **must be accompanied** by an adult person (maximum 4 children per adult).

1.5. Partner Check

It is only permitted to use the rope courses in groups of two or three. "Partner Check" is the term used to describe the reciprocal check of two visitors before and during the use of the rope courses. This "Partner Check" includes visual supervision, complemented, by physical guidance where necessary.

1.6. Getting On and Off the Course

When getting on or off the course, snap hooks need to be fastened one after the other on the red security sling of the safety rail. Afterwards, one snap hook after the other needs to be connected to the red bridging sling.

1.7. Always Secured

While on the course, **at least one snap hook must be fastened** to the security rope at all times. Visitors are not allowed to be unsecured at any time. Rope park staff reserve the right to expel visitors violating the safety regulations.

1.8. Platforms

A maximum **of 3 people** are allowed on the smallest platforms and a maximum **of 10 people** on the big platform at any time. Upon arriving at the platform, snap hooks must be fastened to the red bridging sling.

1.9. Predetermined Direction

The course is laid out in a 'one-way' direction. Users can only follow the course in the predetermined direction.

2.0. Connecting Bridges / Elements

Connecting bridges can only be accessed **by one person** at a time. Any kind of seesawing or swinging is strictly forbidden. Upon arriving at the platform, snap hooks need to be fastened to the red bridging sling.

2.1. Behaviour at a Blockage

In case of a blockage through a visitor who is scared or has technical problems, it firstly has to be assured that all visitors are correctly secured. Afterwards, call or ask a third party to inform park instructors that help is needed. In any case, visitors need to be properly secured at all times.

2.2. Rope Sections

Before connecting to the rope, the finish area at the end of the rope needs to be vacant (no waiting person). When connecting to a rope, pulleys must be fastened first and then one snap hook after the other must be connected and fixed to the pulleys. Depending on the weight and the position, it is possible that light participants are not able to reach the next platform. In this case, the climber turns to the reverse direction and pulls himself backwards towards the platform. Pulleys are always fastened to blue ropes.

2.3. Safety Equipment

It is strictly prohibited to hand any equipment to a third party. If the equipment (climbing belt/harness) is taken off, for instance when going to the toilet, it must be checked again by a staff member before re-entering the rope course.

2.4. Duration of use

The maximum duration of use is 2h. Equipment must be returned during picnic breaks.

Rope Park Rules Children Course K & L (4-9 years)

1.1. Paths

In order to protect the forest and the environment, visitors are asked to only walk on prepared wood-chip paths.

1.2. Age Restrictions and Body Height

Visitors of the following age groups are allowed to pass the corresponding courses:

Age 04 - 09: Course K Minimum Body Height 100cm

Age 06 – 09: Course L Minimum Body Height 120 cm

1.3. Behaviour on the Kid's Courses

The kid's courses are equipped with a continuous safety system. At the start of the course, the snap hook is permanently fixed to the security rope and must not be taken off again until the end of the track. **On the kid's course, at least one adult always accompanies the children from the ground.**

1.4. Platforms

A maximum **of 3 children** are allowed on the platforms.

1.5. Predetermined Direction

The course is laid out in a 'one-way' direction. Users can only follow the course in the predetermined direction.

1.6. Connecting Bridges / Elements

Connecting bridges can only be accessed **by one person** at a time. Any kind of seesawing or swinging is strictly forbidden. Upon arriving at the platform, snap hooks need to be fastened to the red bridging sling.

1.7. Behaviour at a Blockage

In case of a blockage through a visitor who is scared or has technical problems, call or ask a third party to inform park instructors that help is needed.

1.8. Duration of use

The maximum duration of use in the children's course is 1h. Equipment must be returned during picnic breaks.

General

1.1. Instructions must be obeyed

Visitors must obey all instructions issued by park staff and all signs displayed in the park. Park staff maintain the right to expel any visitor who does not comply with this.

1.2. Risks

The use of the park is associated with certain risks. Clothes may get dirty or damaged. Bruises and scratches may occur in the event of a fall. Visitors must at all times be secured by snap hooks or pulleys; otherwise, there is a risk of falling or in the extreme case death. These risks, however, can be minimised provided visitors comply meticulously with the rules.

1.3. Responsibility

All visitors pass the course autonomously and are **responsible for their own safety**. Participants who cause any danger for themselves or endanger or frighten others will be expelled from the park.

1.4. Alcohol and Drugs

People under the influence of alcohol, drugs or strong medication are refused access to the rope park

1.5. Insurance and Liability

Insurance is the visitors' responsibility. Adequate insurance coverage against accidents has to be guaranteed. **Visitors use the rope park at their own risk.**

1.6. Legal Provisions

The place of jurisdiction is Chur, Graubünden. Swiss law is applicable.